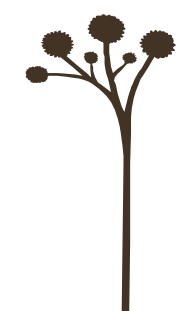


JULY 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>9</p> <ul style="list-style-type: none"> -Scrambled eggs, potatoes, sausage/ bacon, or freshly baked muffin. -Chicken salad sandwich or BLT with potato salad. -Grilled chicken or Braised Beef with fresh Vegetables, and or baked potato. 	<p>10</p> <ul style="list-style-type: none"> -Build your own breakfast burritos and muffin. -Beef Ravioli with marinara sauce or chicken salad sandwiches with potato salad. -Chicken Parmesan with broccoli au gratin and or mashed potatoes and gravy. 	<p>11</p> <ul style="list-style-type: none"> -Biscuits and gravy or pancakes. -Fresh sliced cold cut Turkey wraps or sandwiches with assorted sautéed vegetables. -Cheeseburger or slider turkey melts with bacon green beans and or French fries. 	<p>12</p> <ul style="list-style-type: none"> -Oatmeal or homemade cinnamon rolls. -Grilled chicken or vegetable pasta with sliced beef tenderloin. -Grilled chicken or Salmon with sautéed spinach and or seasoned asparagus. 	<p>13</p> <ul style="list-style-type: none"> -Breakfast casserole or IN-HOUSE fresh donuts. - Taco Salad station with chicken or beef. -BBQ boneless chicken breasts or pork steaks with bacon Brussel sprouts and or pasta salad.
<p>16</p> <ul style="list-style-type: none"> -Oatmeal or breakfast burritos. - Crusted fish filet or grilled chicken with sautéed spinach and or roasted carrots. - Fried or grilled fish or honey ham with broccoli and or sautéed mushrooms. 	<p>17</p> <ul style="list-style-type: none"> - Egg, bacon, or sausage biscuit sandwiches with hash browns. -Boneless pork cutlets or sliced honey ham with macaroni and cheese. -Beef Lasagna or Turkey and rice casserole with fresh garlic bread. 	<p>18</p> <ul style="list-style-type: none"> -Eggs Benedict or grits. -Shrimp Scampi with rice pilaf or Turkey and Rice casserole. -Chicken and dumplings or Beef pot pies with garlic bread. 	<p>19</p> <ul style="list-style-type: none"> -Biscuits & gravy or Oatmeal. -Chicken and dumplings or BLT with bacon Brussel sprouts. - Salisbury steak or prime rib with au jus sauce with baked potato and or asparagus. 	<p>20</p> <ul style="list-style-type: none"> -Pancake station or cinnamon rolls. -Salisbury steak with au jus or hot ham and cheese sandwich with mashed potatoes. -Pork tenderloin or baked chicken wings with roasted herb potatoes and or vegetable napoleon.
<p>23</p> <ul style="list-style-type: none"> -French toast sticks or Biscuits and gravy. -Tuna salad sandwiches or BBQ pulled chicken sandwiches with homemade chips. -BBQ Pulled pork or chicken with potato salad and or Coleslaw. 	<p>24</p> <ul style="list-style-type: none"> - Country fried steak with gravy, hash browns, and eggs. -Roast beef sandwiches or tuna salad sandwiches with chips. -Roast beef with gravy or meatloaf with mashed potatoes, corn casserole, and or biscuits. 	<p>25</p> <ul style="list-style-type: none"> - Sticky buns or egg and sausage cups. -Meatloaf with potato cakes or fish tacos. -Fish Tacos or spaghetti and meatballs with garlic bread. 	<p>26</p> <ul style="list-style-type: none"> - Oatmeal or pancake station. - Chicken quesadillas or meatball sub sandwiches with French fries. -Sesame chicken with white rice or Beef lo mein with crab ragoons. 	<p>27</p> <ul style="list-style-type: none"> - Donuts and breakfast casserole. -Chicken salad sandwiches or Grilled Cheese with fries. -Shepard's pie or steak tenderloin with baked potato and or Macaroni salad.
<p>30</p> <ul style="list-style-type: none"> -Biscuits and gravy or pancakes. -Fish sandwich or cheeseburger with chips. -Fried fish or chicken tenders with potato salad and or chips. 	<p>31</p> <ul style="list-style-type: none"> -Biscuits & gravy or homemade cinnamon rolls. -Chicken tenders with fries and or pasta salad. -Lasagna or pork tenderloin with garlic bread, pasta salad, and or potato salad. 	<p>Daily options available on the back side of the menu.</p> <p>Breakfast: 7:00am-9:00am</p> <p>Lunch: 11:30am – 1:30pm</p> <p>Dinner: 4:30pm-6:30pm</p>		



JULY 2018

DAILY OPTIONS:

BREAKFAST:

ASSORTED HOMEMADE GRANOLA BARS
ASSORTED CEREAL
FRESH FRUIT

LUNCH & DINNER:

SOUP AND SALAD OF THE DAY

DESSERT:

FRESH BERRIES WITH SWEET SAUCE
ASSORTED COOKIES

DRESSINGS:

RANCH, THOUSAND ISLAND, BLUE CHEESE, VINAIGRETTE, BALSAMIC VINAIGRETTE

PLEASE NOTIFY STAFF OF ANY FOOD-RELATED ALLERGIES IMMEDIATELY

