

LUNCH

DELUXE CHEESEBURGER
BBQ OR PLAIN CHICKEN WINGS

BLT

GRILLED CHEESE

CHICKEN SALAD

BALLPARK HOT DOG (NEW)

"SPECIAL OF THE DAY"

LUNCH & DINNER SIDES:

BATTERED MUSHROOMS (NEW)

PICKLED BEETS

SWEET POTATO FRIES

IN-HOUSE POTATO CHIPS

BEER BATTERED ONION RINGS

FRENCH FRIES

COTTAGE CHEESE

APPLE SAUCE

MANDARIN ORANGES/PEACHES

SWEET CORN

GREEN BEANS

BAKED POTATO (DINNER ONLY)

"SPECIAL OF THE DAY"

LUNCH & DINNER SALADS:

SPINACH SALAD, AUTUMN SALAD,
CHEF SALAD, & CHOPPED WEDGE (NEW)

DRESSINGS:

RANCH, CUCUMBER RANCH, CITRUS
VINAGRETTE, POPPYSEED, & FRENCH (NEW)



Regency Manor
55+ Living

PLEASE NOTIFY STAFF OF ANY FOOD-
RELATED ALLERGIES IMMEDIATELY

"SOUP OF THE DAY"

ASK THE SERVER, CHANNEL 900,
OR ON MENU CHALK BOARD

DESSERTS:

(DINNER ONLY)

VAN. / CHOC. ICE CREAM

PEACHES/MANDARIN ORANGES

SUGAR FREE JELL-O (NEW)

"DESSERT SPECIAL OF THE DAY"



SPECIALS OF THE DAY ARE ON THE
MENU BOARD AND OR ON
CHANNEL 900!

MAY 20TH - MAY 31ST, 2019



LILLY STANCIL

Culinary Director & Executive Chef

lstancil@manor55.com

618-726-2240 ext. 5004

BREAKFAST

8:00AM – 9:30AM

LUNCH

11:30AM-1:00PM

DINNER

4:30PM-6:30PM



Regency Manor
55+ Living

BREAKFAST

PANCAKES/HOMEMADE WAFFLES

ENGLISH MUFFIN

BANANA BREAD (NEW)

DICED POTATOES

FRESH FRUIT -

(APPLE, BANANA, ORANGES)

OATMEAL/CREAM OF WHEAT

TOAST / FRENCH TOAST

EGGS YOUR WAY

BACON & SAUSAGE

TURKEY PATTY

BEVERAGES:

OJ, APPLE JUICE, CRANBERRY,
LEMONADE, UN-SWEETENED ICED
TEA, COFFEE, HOT COCOA, WATER,
& PEAR LEMONADE

(ENJOY THE COMPLEMENTARY HERBAL TEAS
AT COFFEE BAR!)



MAY 20TH - MAY 24TH

MONDAY 20TH -

COUNTRY FRIED STEAK OR

CHICKEN TENDERS

TUESDAY 21ST -

BINGO 1:45PM

TOWNHALL MEETING 3PM-4PM

HAM AND BEANS OR GROUND

BEEF AND CABBAGE

WEDNESDAY 22ND -

PAINTING IN CRAFT CLUB 2PM

BABY BACK RIBS OR HONEY

MUSTARD CHICKEN BREAST

THURSDAY 23RD -

MOVIE AT 1:15PM

HAM & SWEET POTATOES OR

SPAGHETTI AND MEATBALLS

FRIDAY 24TH -

CRAB STUFFED TOMATOES OR

CHICKEN POT PIES

MAY 27TH - MAY 31ST

MONDAY 27TH -

MEMORIAL DAY

PIZZA DAY OR LASAGNA

TUESDAY 28TH -

COOKIE DECORATING AT 2PM

PORK TENDERLOIN OR SLOPPY JO

WEDNESDAY 29TH -

WEAR YOUR CARDINAL GEAR, WATCH PARTY AT
NOON!

MEATLOAF OR BEEF TIPS AND
NOODLES

THURSDAY 30TH -

MOVIE AT 1:15PM!

STUFFED PEPPERS OR CHICKEN PATTY
SANDWICH

FRIDAY 31ST -

MAY BIRTHDAY CELEBRATIONS 2PM!

FRIED FISH OR BBQ CHICKEN BREAST



